



create a winter
vegie patch



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Lots of vegies love the cold weather so there's no reason why you can't continue producing your own healthy food from your winter garden.

Here's how:

1. **Spinach, carrots, cabbages and spring onions** can be grown from Yates seeds at this time of year in all but the coldest areas.
2. Prepare soil before planting by digging in lots of rich organic matter (such as homemade compost) and some **Dynamic Lifter Organic Plant Food** pellets.
3. Sow carrot and spring onion seeds direct where the plants are to grow. Start cabbage seeds and spinach in seedling pots.
4. Feed the new young plants with **Thrive Soluble Plant food** to encourage strong growth.
5. Pests can still cause problems in the winter garden. Use **Blitzem or Baysol** to control snails and slugs. **Yates Ready-To-Use Pyrethrum** will take care of most other pests. Because of pyrethrum's low toxicity, vegies can be picked, washed and eaten just one day after spraying.